EXPERIENCE THE OUTDOORS

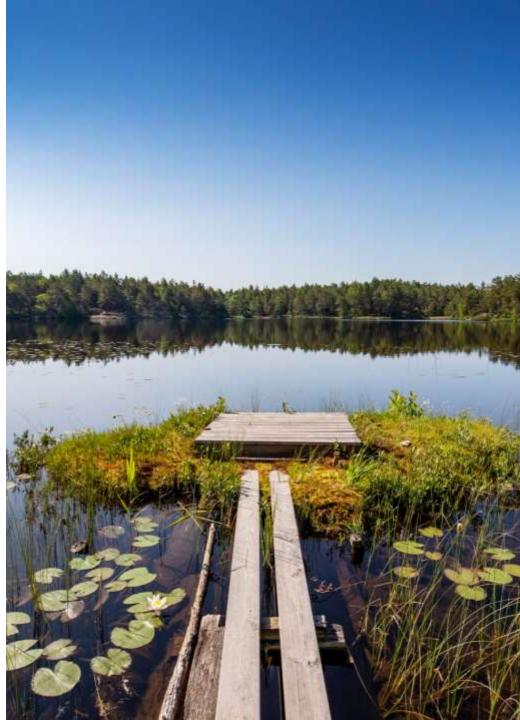
södertälje

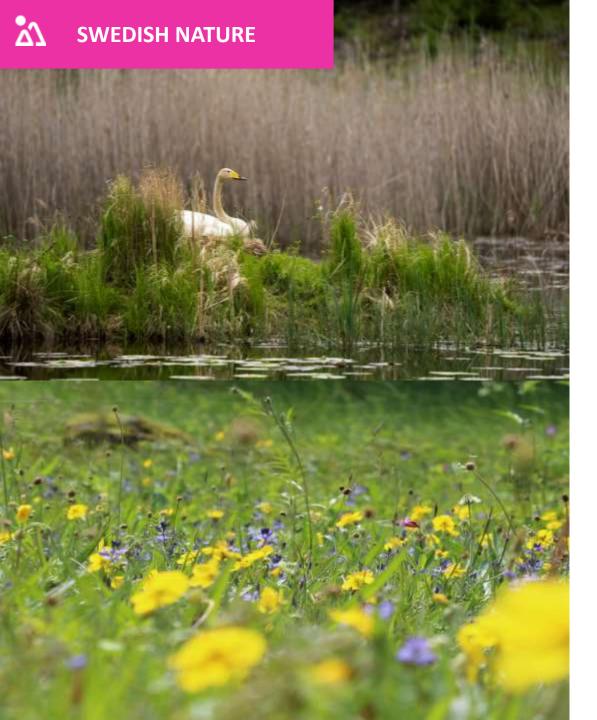
THE BEAUTY OF THE WILD

Södertälje boasts stunning natural landscapes and vast forests, with approximately 5,500 hectares of protected areas offering a spectacular and dynamic experience, accessible for free throughout the year.

With 25 nature reserves and numerous hiking trails, adventurers have plenty of opportunities to explore the beauty of the region. Even the most remote corners of Södertälje's nature reserves are accessible via local transportation.

Within a short distance, visitors can embark on diverse excursions, from coastal explorations to forest hikes, leisurely strolls along marked trails, ascents of hills and valleys, serene paddles in clear waters, and idyllic walks past fields and farms. Nature enthusiasts can also marvel at rare flowers and plants, adding an element of discovery to their outdoor adventures.





The old Swedish custom *Allemansrätten*, or Right of Public Access, means you can move freely in Swedish nature. It allows everyone the access public and private land for activities like hiking and camping. It reflects Sweden's commitment to conservation and emphasizes the responsibility of visitors to care for and protect the environment while enjoying its beauty. Read more about Right of Public Access <u>here</u>.

INFORMATION & BOOKING

Season: 365 days

Map of Swedish nature (Södertälje)

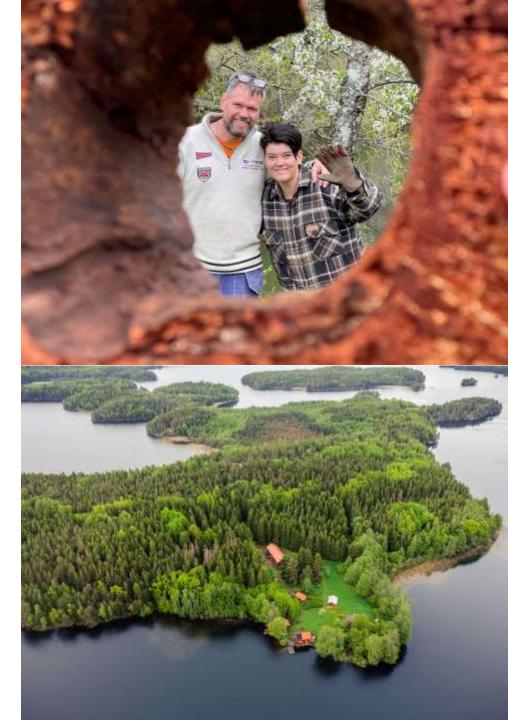
MYSSJÖ FARM

OFFGRID AND UNPLUGED

Nestled on the serene island of Myssjö, amidst the landscapes of Stockholm County, lies Myssjö Farm—an oasis of tranquility and rustic charm. Hosted by the warm and hospitable duo, Mattias and Sandra, this off-grid sanctuary invites you to immerse yourself in nature's embrace.

Explore the idyllic surroundings as your hosts guide you through the lush expanse of their farm, where every corner beckons with the promise of adventure and serenity.

Escape the hustle and bustle of modern life and find comfort in the simple pleasures of Myssjö Farm. Whether you seek to disconnect from the digital world or simply unwind and recharge, this haven offers the perfect retreat.





SPEND THE NIGHT

Take your pick from spending the night suspended above the ground in a tree tent or a hammock tent, cozying up in a wooden cottage, indulging in glamping luxury in a safari tent, or embarking on a unique adventure by staying on a Flottell —a floating hotel room nestled amidst the picturesque forest landscape of the lake. This innovative retreat boasts a 360-degree view, providing an unparalleled connection with the surrounding wilderness. Equipped with essential amenities the Flottell ensures comfort and convenience.

For those seeking variety, why not combine different accommodation options to extend and enhance your stay? Whether you're craving adventure or relaxation, the island offers an array of choices to suit every preference.

EXCURSIONS AND ACTIVITIES

Embark on scenic hikes across the trails nearby or venture into a nature reserve for a deeper exploration of the wilderness. Indulge in the ultimate relaxation with a rejuvenating sauna session or a refreshing swim in the crystal-clear waters. For an exhilarating experience, try your hand at kayaking and paddle along the tranquil shores, or simply unwind by the crackling fire with the welcoming hosts.

Explore Swedish nature from the comfort of a raft, guided by the knowledgeable hosts. Drift along the serene waters of the lake and bask in the tranquility of Sweden's natural splendor. Enjoy a classic Swedish "fika" experience right on the raft, surrounded by the breathtaking scenery.

Delight in the Swedish tradition of a crayfish party—an unforgettable culinary experience awaits. Join in the fun as you partake in catching, cooking, and preparing the delicious crayfish, all under the guidance of your hosts. Then, gather around for a traditional Swedish crayfish feast the following night, where you'll enjoy the fruits of your labor amidst joyful celebrations and camaraderie.





BE ONE WITH NATURE

Price Information

SEK 1 700 per person, one day around 11:30 am - 5 pm

This Includes

Transport on a electrical raft to and from the island Guided tour on the farm - how is it live offgrid? Lunch over open fire 1,5 hour guided raft tour around lake Yngern Fruits and Swedish fika á la Myssjö Swimming, sauna and relaxing Test watersport equipment, angling from the shore, play table tennis or pool in the barn

MYSSJÖ FARM

OVERNIGHT STAY- UNPLUG AND RELOAD

Price information

SEK 2 700 per person, bookings for groups of 8 - 20 people.

Day 1:

Transport on a raft to the island from 2 pm A guided tour with nature guide Mikael. Explore nature in a new way and learn how nature can help you to relax, 2 – 3 hours Guided tour on the farm - make yourself at home- off grid Fruits and Swedish fika á la Myssjö Free time to explore the island Swimming, sauna and relaxing Test watersport equipment, angling from the shore, play table tennis or pool in the barn Two dinner course by an outdoor chef Free time or conversation by the farm's fireplace before going to bed Sheets and bath towel

Day 2:

Organic breakfast served at the farm Guided tour from a raft around lake Yngern, 1,5 hour Go back to mainland with an electric raft





OVERNIGHT STAY ON A FLOTELL – A GLAMPING EXPERIENCE OUT OF THE ORDINARY

Price Information

SEK 5 000 for two people, aviable for one-two people at the time

This Includes

Day 1: Check in from 2 pm Transport to the island on a electrical raft Guided tour on the farm Transportation on the Flottell to a perfectly calm place Free time to explore the island in a rowing boat Swim and relax Row to the farm and take a sauna Two course dinner, prepared for you to heat up

Day 2:

An organic breakfast basket delivered to you Transportation back to mainland on a electric raft



INFORMATION

We are collaborating with Björcks resor for bus transfer from Arlanda International Airport or Stockholm Central. Group bookings can be made for any day and time between May and October.

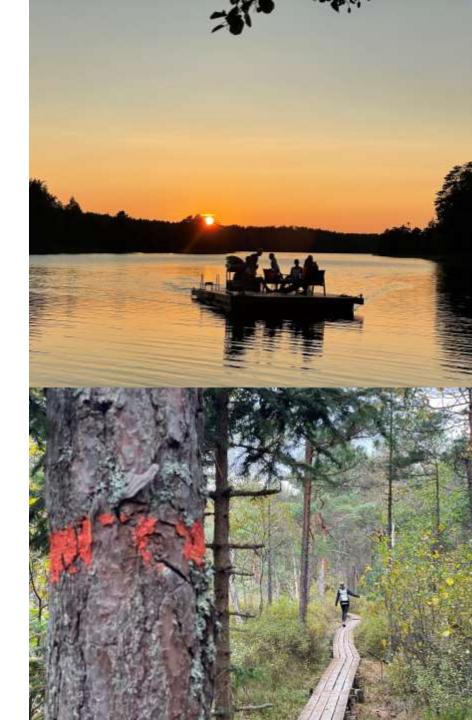
We are willing to discuss commission.

BOOKING

Contact host Sandra Vegis

Gamla Strängnäsvägen 337C 155 91 Nykvarn Sweden

www.myssjogard.se/en kontakt@myssjogard.se +46 (0)76-435 35 01 @myssjogard



SCENIC WATERFRONT DINING & LEISURE

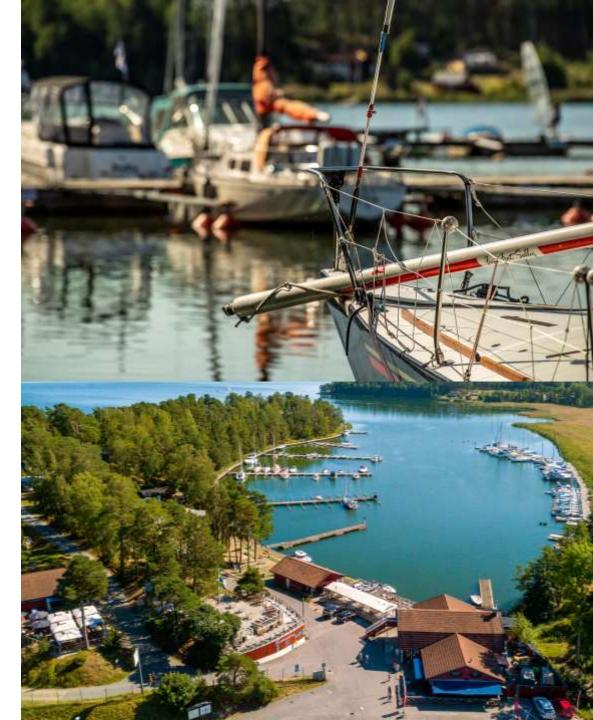
Skansholmen Marina and Bistro, located near the ferry on northern Mörkö, and easily accessible by boat, car, or public bus. In addition to the bistro restaurant, visitors can indulge in treats from the large ice cream bar and the mini market. The site also features mini golf for entertainment and hosts concerts during summer evenings.

Accommodation options include, in addition to the marina, a camping site and a hostel, providing comfortable lodging for those looking to extend their stay and immerse themselves in the serene surroundings.

INFORMATION & BOOKING

Season: Summer (May-September)

skansholmen.com info@skansholmen.com +46 (0) 8-551 550 66







Get ready for an extraordinary voyage across the enchanting Baltic Sea! Immerse yourself in the splendor of the archipelago as seen from the water. Gather your friends or family and charter a boat for an exclusive adventure, where the seasoned skipper will lead you on a journey destined to etch lasting memories. Indulge in a culinary delight as we offer the option to enjoy a sumptuous lunch or dinner served onboard – allowing you to relax and relish every moment of the voyage.

During the cruise you will have one or more stops providing opportunities for you to disembark, stretch your legs, and embrace the tranquility of Sweden's unspoiled natural landscapes. Take your time to wander ashore, absorb the breathtaking surroundings, and immerse yourself in the serene ambiance that only nature can offer.

INFORMATION & BOOKING

Season: Summer (May-September)

www.apelago.se kontakt@apelago.se +46 (0) 156 50 52 00

A guided hiking tours

DISCOVER NATURE'S WONDERS

Explore the expansive natural beauty of Södertälje with guided hiking tours offered by Mikael Andersson. Your knowledgeable guide, shares essential advice on hiking equipment, nourishment, navigation, and accommodations. Dive deeper into nature with options like forest bathing, bushcraft workshops, and stress management sessions.

Whether you seek clarification on the experience's details or desire a customized arrangement for your company or event, feel free to reach out.

INFORMATION & BOOKING

Season: All year

www.naturkrafteskilstuna.se info@naturkrafteskilstuna.se +46 (0) 705657680

